



# **RUTLAND CHILDREN, YOUNG PEOPLE & FAMILIES PLAN 2016-2019**

**Final Copy**

The Rutland Children’s Trust through a collaborative partnership approach, supports the development and improvement of services for children and young people 0 – 19 years, including to the age of 25 years for some vulnerable young people. The agreed vision and priorities are set out in this Children, Young People and Families Plan (CYPFP) 2016 to 2019

This plan is published by Rutland County Council (RCC) as the lead partner with statutory responsibility to promote co-operation to improve children’s wellbeing (Children Act 2004). Organisations that are key partners within the Rutland Children’s Trust and who have endorsed this plan include:

- Rutland County Council
- Leicestershire and Rutland Local Children’s Safeguarding Board
- East Leicestershire and Rutland Clinical Commissioning Group
- Leicestershire and Rutland Probation Trust
- Leicestershire NHS Partnership Trust
- Leicestershire Constabulary
- Rutland Early Years Providers, Schools and Colleges
- Leicestershire Youth Offending Service
- NHS Leicestershire and Rutland Local
- Healthwatch
- Rutland Parent Carer Forum
- Rutland Citizens Advice Bureau
- Voluntary Action Rutland

**Our Statement of Intent:**

“Improve the wellbeing and achievements of children and young people by seamless, integrated provision of services. Our emphasis is on enabling children to be well, safe and succeed first time through high quality provision, preventative action and early intervention.”

**About our Children, Young People and Families Plan**

Our Children, Young People and Families Plan is a summary document of our shared planning to continue improving how we work together. It pulls together our priorities and sets out the direction of work for improving the lives of children and young people over the next three years. The Plan reflects our commitment to supporting children and young people by working with them within their family and their community. The plan will be reviewed on an annual basis.

**CHILDREN, YOUNG PEOPLE & FAMILIES PLAN KEY THEMES 2016-2019**

KEY THEME 1	KEY THEME 2	KEY THEME 3	KEY THEME 4
Keep children well and safe	Fair Society	Listening	Efficiency

We have identified a number of priorities for action; these are agreed each year and are in work areas where there are measurable improvements that we can make and that improvement can be delivered in partnership. The priorities may change as we review our successes and areas for development:

KEY THEME 1	Priority Areas for Action 2016-17	
<b>Keep children well and safe</b>	1	To be assured that Early Help Services are effectively coordinated across the LSCB Partnership and secure outcomes that reduce pressure on child protection and care services (Ref: LSCB Business Plan 16/17)
	2	To champion and support the extension of Signs of Safety (SoS) across the Partnership and secure assurance of the effectiveness of multi-agency processes and working and evidence of positive impact for service users. (Ref: LSCB Business Plan 16/17)
	3	To build community safeguarding resilience and be assured that people; families and professionals, living in the community know how to keep children safe
	4	To enhance the health and well-being of children and young people through improved service integration and the delivery of BCT Better Care Together health targets (Ref: BCT Maternal and Child and 0 to 19 Healthy Child Programme)

KEY THEME 2	Priority Areas for Action 2016-17	
<b>Fair society</b>	1	To reduce the development and achievement gap at all key stages – championing children and young people to meet their full potential (Ref: RCC School Improvement Strategy and RCC Inclusion Policy Statement 2015))
	2	To improve economic well-being and reduce child poverty levels in Rutland (Ref: Child Poverty Strategy)

KEY THEME 3	Priority Areas for Action 2016-17	
<b>Listening</b>	1	Increase engagement and participation of young people to be active citizens.(Ref: RCC Participation Strategy 2015)

KEY THEME 4	Priority Areas for Action 2016-17	
Efficiency	1	To quality assure our practice – through the use of quantitative and qualitative data, engagement of service users, and engagement from front line staff

# Appendix 1 – Action Plan

## Action 1

KEY THEME 1	Priority Areas for Action 2016-17	
Keep children well and safe	1	To be assured that Early Help Services are effectively coordinated across the LSCB Partnership and secure outcomes that reduce pressure on child protection and care services

### What difference will it make to children and families?

There is a standard process that can be used by all services, and which is particularly suitable for early assessment as soon as we realise a child and/or family has additional needs. It provides a process through which agencies work together with the family to meet those needs and acts as a bridge for communication between the family and professionals

### What are we going to do and how are we going to do it?

Deliver the Rutland Early Help Strategy through integrated working and implementation of the Early Help Assessment (EHAs) and team around the family approach

- a) Devise an outcomes framework for early help
- b) Review and evaluate local programmes once a year in order to ensure quality, equity and value for money
- c) Monitor and manage the performance of delivery plans that support the strategic priorities assigned to the Children's Trust – Children Centre Improvement Plan, Changing Lives Outcome Plans.

### Who will lead on this?

**Head of Early Intervention RCC**

### What are the measureable outcomes and targets?

1. 10% reduction in inappropriate referrals to Social Care
2. Increase the average %, (currently 26%) of Social Care Contacts resulting in Early Help Support
3. Increase the % (currently 77%) of Early Help Cases closing with needs met to 80%.
4. 10% increase in the number of external partners completing the Early Help Assessment (EHA) and acting as lead practitioner for the family (Currently 49%)
5. Changing Lives (CL) programme engages 20 new families during 2016
6. Rutland Children's Centre Services receives a good with outstanding elements Ofsted judgement.

## Action 2

KEY THEME 1	Priority Areas for Action 2016-17	
Keep children well and safe	2	To champion and support the extension of Signs of Safety (SoS) across the Partnership and secure assurance of the effectiveness of multi-agency processes and working and evidence of positive impact for service users.

### What difference will it make to children and families?

There is a common and agreed methodology for working with families so we are explicit and consistent in the way we make decisions. There is a transparency of analysis, strong planning and shared goals

The children and families we work with feel knowledgeable about their plan and prepared for their review or conference. Families and professionals knowing what they have to do next.

### What are we going to do and how are we going to do it?

- a) Work with the LSCB to create a strategy and action plan for implementation of multi-agency delivery of SoS.
- b) Support the delivery and evaluation of an LSCB workforce development programme to support effective implementation and improvement through SoS
- c) Implement the use of SoS approach throughout the child's journey through early help, CIN, and CP in Rutland, by:
  - Revising our Children's Services documentation so it reflects the SoS methodology in Rutland.
  - Pilot the use of SoS in case conferences and reviews in Rutland.

### Who will lead on this?

**Head of Safeguarding and Improvement, RCC**

### What are the measurable outcomes and targets?

1. 100% of EHAs will use the SoS framework
2. The Voice of the Child (VOC) will be evident in 100% of the EHAs that are quality tested.
3. Implement a new safeguarding Multi Agency Referral Form (MARF)
4. Evidence of SoS methodology in 80% of case supervision in Children's Services in RCC.

## Action 3

KEY THEME 1	Priority Areas for Action 2016-17	
Keep children well and safe	3	To build community safeguarding resilience and be assured that people; families and professionals, living in the community know how to keep children safe

### What difference will it make to children and families?

Support personal choice and control for children and families. Children, young people, parents and professionals know how Rutland keep children safe and what their responsibility is to keep children safe. Early and emerging risk and need is identified and responded to before problems escalate and require specialist interventions.

### What are we going to do and how are we going to do it?

- a) Building a network of extended families, friends and community support, including volunteering opportunities to create community capacity that support children and young people.
- b) The Children Trust as a learning organisation creating naturally occurring networks as we do for families: share our anxieties about families and build confidence in our work with families.
- c) Prioritise raising the awareness of professionals and the public in relation to CSE
- d) Improve our information sharing and joint working with other agencies about children for whom there are child protection concerns
- e) Improve our child protection plans so everyone is clear about what, how, when, and who to take action to keep children safe.
- f) Promoting and publicising our early help offer and safeguarding responses

### Who will lead on this?

**Head of Safeguarding and Improvement and the Head of Early Intervention, RCC**

### What are the measureable outcomes and targets?

1. Improvement in the application of thresholds and the quality and appropriateness of safeguarding referrals
2. Families and professionals report an improved level of awareness and satisfaction with the early help and safeguarding response.
3. Professionals know and are utilising the professional advice at the front door to children services and the complex cases process and cases are resolved before they escalate to safeguarding concerns

## Action 4

KEY THEME 1	Priority Areas for Action 2016-17	
Keep children well and safe	4	To enhance the health and well-being of children and young people through improved service integration and the delivery of Better Care Together (BCT) health targets

### What difference will it make to children and families?

Young people will have an increased understanding and awareness of mental health and emotional wellbeing tracked using Signs of Safety scaling tools.

Practitioners will report increased confidence and knowledge in dealing with mental health and well-being issues

The resilience and engagement in early intervention of staff in Rutland schools will be improved and measured utilising a resilience framework.

All early years settings will have an increased awareness of good oral health

### What are we going to do and how are we going to do it?

- a) Improve access to emotional health and well-being support for children and young people in primary and secondary schools, including linking deliverables with BCT streams and promote the primary mental health professional advice line (PAS) for schools.
- b) Reduce the gap between targeted Tier 2 and Tier 3 specialist mental health services and support.
- c) Understand the availability and pathways to Tier 1 and 2 services in Rutland.
- d) Implement a joined-up 0-19 health programme. Design and support the commissioning arrangements of an integrated 0-19 health programme for Rutland which incorporates existing health visiting, school nursing services.
- e) Improve the rate of healthy weight children entering reception class to the best in England levels.
- f) Increase the access to services for care closer to home for children with complex health needs.
- g) Increase awareness of tooth decay and reduce the prevalence of tooth decay in young children. Deliver a training and resource plan to all early years settings aimed at increasing awareness of tooth decay amongst children and parents by March 2017
- h) Undertake joint health assessments reviewing packages of care and respite service.

### Who will lead on this?

**RCC Lead for Public Health**

### What are the measureable outcomes and targets?

1. Emotional health and wellbeing projects delivered in 2 primary and 2 secondary schools
2. The LLR Early Help Delivery Group successfully bids for transformational funding to deliver Tier 2 targeted emotional wellbeing and mental health support in Rutland and through the Promoting Resilience Delivery Group delivers training and support to Tier 1 universal workforce.
3. 75% of early years settings have accessed dental hygiene awareness campaign and training
4. Tooth decay prevalence in children under 5 is reduced from 40% towards the national levels of (7.9%).



## Action 5

KEY THEME 2	Priority Areas for Action 2016-17	
Fair society	1	To reduce the development and achievement gap at all key stages – championing children and young people to meet their full potential

**What difference will it make to children and families?  
(To complete)**

**What are we going to do and how are we going to do it?**

- a) Reduce the gap between the achievement and progress of disadvantaged groups (including Service children): and non-disadvantaged by increasing LA influence and support
- b) Increase influence on providers through new arrangements, relationships and offer. Esp. integrated support, including early intervention, social care, CAMHS
- c) Engage heads/governors in extended programme focused on current performance and vision (strategic events)
- d) Agree/facilitate/disseminate strategies with providers
- e) Monitor/support pupil premium activity
- f) Monitor and challenge gap and inclusion indicators with providers
- g) Engage Rutland Teaching Alliance (RTA) actions around disadvantage
- h) Ensure system change to stabilise practice re: exclusions; gap reduction. (Forum and alternative provision)

**Who will lead on this?**

**Head of Learning and Skills, RCC**

**What are the measureable outcomes and targets?**

Reduce gaps by 50% in the following GAP indicators:

1. EYFS: Good Level of Development: % of children in Rutland achieving expected level (2) or more in the first 12 Early Learning Goals (ELG) is maintained at 75%
2. Phonics: expected standards
  - KS1: APS
  - KS2: APS; L4 RW Maths
  - KS4: 5 A\*-C incl E&M
  - Post 16
3. Reduce exclusions by 50%
4. % of 16-18 year old not in education, training or employment is below 2%.

## Action 6

KEY THEME 2	Priority Areas for Action 2016-17	
Fair society	2	To improve economic well-being and reduce child poverty levels in Rutland

**What difference will it make to children and families?  
(To complete)**

**What are we going to do and how are we going to do it?**

- a) Implementation of the Child Poverty pledges engaging multi-agency responses to Child Poverty
- b) Reduce the impact of the Benefit Reform and delayed introduction of the Universal Credit
- c) Influencing commissioning of preventative provision – building capacity in the voluntary sector
- d) Implement Phase 2 Changing Lives programme, supporting 20 families during 2016
- e) Maintain the work club run by RALS
- f) JCP advice sessions delivered in the Library service
- g) Deliver maximising income one-to-one sessions, debt pack advice
- h) Trial CAB outreach at 1 food bank during the year
- i) Implement a benefit take up campaign
- j) Implement a life skills (financial management, budgeting course, etc.) for vulnerable young people to support transitions in to independence
- k) Promote 2 year old early education funded places
- l) Undertake a scoping exercise in the highest 3 priority child poverty areas to ascertain key challenges.

**Who will lead on this?**

**Lead for Rutland Citizens Advice Bureau and the Lead for Child Poverty RCC**

**What are the measurable outcomes and targets?**

1. A 10% increase in the number of vulnerable/targeted peoples accessing advice and support
2. 15% of Changing Lives families achieving employment outcomes.
3. Deliver 3 welfare advice sessions in outreach venues
4. Increase the number of JCP session from monthly
  5. 85% of eligible 2 year olds are accessing their Free Early Educational Entitlement place
  6. Deliver 3 life skills courses per year for vulnerable young people and care leavers and that these courses being rated as useful / supportive by the participants.
7. To reduce child poverty levels (children in low income households) , currently at 7.1%

## Action 7

KEY THEME 3	Priority Areas for Action 2016-17	
Listening	1	Increase engagement and participation of young people to be active citizens.

### What difference will it make to children and families?

The 'voice of the child' is a golden thread through the early help system.

The needs of Children, Young People and Families in Rutland influence planning for health and wellbeing improvements across all public services.

Services respond to the young people inspections findings inform delivery and changes where required.

Young people are influencing service design and policies.

### What are we going to do and how are we going to do it?

- a) Involve children and YP in decision making and ensure young people, including the most vulnerable, influence the services they receive
- b) Expand Children in Care Council (CICC) activity and ensure consultation on key policies including LAC pledge.
- c) Implement the annual take over challenge for young people in November 2016.
- d) Support the Youth Council annual campaign for 16/17.
- e) Implement 'Make your Mark' 2016 for Young People.
- f) Maintain involvement of young people in recruitment campaigns.
- g) Maintain Rutland Youth Council (RYC) consultation on key partnership activity.
- h) Deliver a coming into care booklet to promote involvement in services and review advocacy model for LAC

### Who will lead on this?

**Manager Universal and Partnerships, Early Intervention RCC**

### What are the measurable outcomes and targets?

1. Undertake 4 Young Inspectors service inspections across partner organisations during 2016.
2. Undertake an away day for Children Looked After.
3. 90% return rate for Rutland on National Make Your Mark campaign

## Action 8

KEY THEME 4	Priority Areas for Action 2016-17	
Efficiency	1	To quality assure our practice – through the use of quantitative and qualitative data, engagement of service users, and engagement from front line staff

### What difference will it make to children and families?

Children and families will receive high quality interventions at the right time. Our children's workforce feel supported in their work with families.

### What are we going to do and how are we going to do it?

- a) Agree a quality assurance and performance framework to evidence impact
- b) Create multiagency training and reflective space – implementing the competency framework, peer supervision or action learning sets

### Who will lead on this?

**LSCB Lead**

### What are the measurable outcomes and targets?

- 1. Complete 10 Multiagency audits and quality testing – in Early Help Assessments, Step Up and CSE cases.
- 2. Complete a localised safeguarding survey or partnership peer challenge annually